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TO PAUSE & CONSIDER WISELY

FINANCIAL INDEPENDENCE
TODAY~TOMORROW

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"The best part about retirement is that it allows you to stop doing what someone tells you to do; instead, you can start doing what you want to do." Ernie J. Zelinski in *How to Retire Happy, Wild, and Free*

Presented by Sharon Duncan

Retirement is an exciting time but having a purpose in retirement is the key, even if your purpose leans toward leisure! We found this wonderful, little book and wanted to discuss a few of the key points in order to encourage those who are retired or approaching retirement.

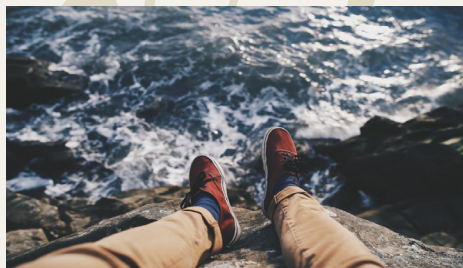
To Have No Aptitude for Leisure is to Have No Aptitude for Life.

Leisure and time are two things that may be foreign to you after so many years of working. It is a luxury to have time to do what you want at your own pace. Having a window for more relaxation in your life should be treasured and not ignored.



Create a New Identity Because Your Old One Won't Do.

Try sitting down and asking yourself what kind of person you would want to be if work was taken out of the equation. Then, write down your five best traits. These traits can't be related to work at all. What traits do you see? It is not uncommon for retirees to question their identity after retirement. Careers and titles are an identifying factor for many. When approaching retirement, be cognizant of the fact that the years poured into your career may have left you with a distorted view of yourself.



RETIRING FITT

Being on Purpose Is Easy If You Have One.

There is purpose available to any retiree who is willing to discover one. Your purpose may look different than the next guy, but that doesn't discount what you find important. Purpose in retirement involves pursuit of activities that make you, you! Take a step. Express yourself and find out what makes you come alive. This will help you begin to find your passions once again.

Finding and Pursuing Your True Calling Can Make Retirement the Best Time of Your Life.



Many retirees are successful at regaining their purpose. Somewhere along the way, you may have given in to a career that may not align with your passion you once knew. But, in retirement, there is a rare opportunity to discover your passion and purpose once more. When you find purpose, be it family, hobbies, reading, or travel, there is a fresh take on life.

Sharon Duncan, CFP®, AIF®, MBA, is President and Financial Advisor with Selah Financial Services, Inc., an Investment Advisor Representative of Commonwealth Financial Network®. Ms. Duncan is a Five Star Wealth Manager, author, educator, consultant and creator of Retiring FITT.



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